

PRE CONFERENCE WORKSHOP

CBT for PSYCHOSIS

WORKSHOP OBJECTIVES:

- Be aware of the evidence supporting CBT for schizophrenia
- Recognise the importance of the therapeutic relationship and formulation
- Be familiar with the techniques used with hallucinations, delusions and negative symptoms
- Understand the nature of the interaction between clinical practice and CBTP including the potential for improving treatment collaboration

WORKSHOP DESCRIPTION

- Evidence for the effectiveness of CT in schizophrenia will be briefly reviewed and indications for treatment discussed.
- The techniques used will be described and their application to routine clinical practice demonstrated using exercises, videotape, practice and role-play.
- The audience will be strongly encouraged to contribute their own experiences of working with people with severe mental illness to the discussion.

RESOURCE PERSON

Prof. David Kingdon, MD, FRCPsych, Professor of Mental Health Care Delivery, University of Southampton, UK.

